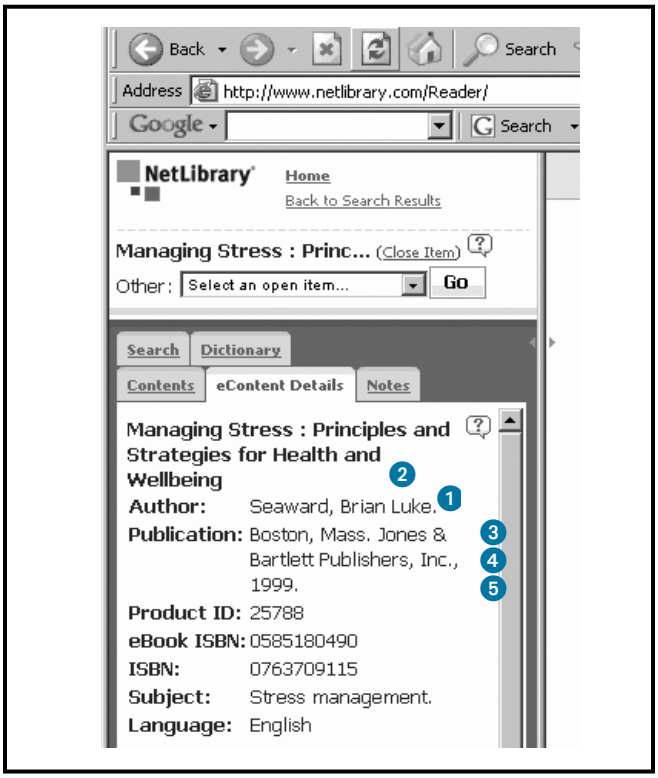
Chicago Manual of Style - e-Book

CITESOURCE

Citation Elements in order:

1. **Author's name:** Brian Luke Seaward
2. **Book title:** *Managing Stress: Principles and Strategies for Health and Wellbeing*
3. **Place of publication:** Boston, Mass.
4. **Publisher:** Jones & Bartlett Publishers, Inc.
5. **Publication date:** 1999
6. **URL:** http://www.netlibrary.com/Reader/
7. **Date of access:** Thursday, August 10, 2006
8. **Page numbers:** 18

Document Example:



Proper Bibliographic Reference Format:

Bibliographic references are single-spaced with a hanging indent, as follows:

Seaward, Brian Luke. *Managing Stress: Principles and Strategies for Health and Wellbeing*. Boston: Jones & Bartlett, 1999. http://www.netlibrary.com/Reader/ (accessed August 10, 2006).

First Footnote or Endnote Citation:

Footnotes or endnotes are single-spaced, and the first line is indented, as follows:

[1]Brian Luke Seaward, *Managing Stress: Principles and Strategies for Health and Wellbeing*. (Boston: Jones & Bartlett, 1999), 18, http://www.netlibrary.com/Reader/ (accessed August 10, 2006).

Subsequent Citations:

After the first footnote, use an abbreviated form of the citation, as follows,

[2]Seaward, 25. **OR** [2]Seaward, *Managing Stress*, 25.

(To distinguish from other similar authors, add a fragment of the title.)