

Citation Elements in order:

- 1 Authors:** Avi Sadeh, Giora Keinan, Keren Daon
- 2 Publication date:** September 1, 2004
- 3 Article title:** Effects of Stress on Sleep: the Moderating Role of Coping Style
- 4 Name of periodical:** *Health Psychology*
- 5 Volume number:** 23
- 6 Page numbers:** 542-545
- 7 Digital Object Identifier:** <http://dx.doi.org/10.1037/0278-6133.23.5.542>

Document Example:

The screenshot shows a search result page from EBSCOhost. The article title is "Effects of Stress on Sleep: The Moderating Role of Coping Style" by Sadeh, A., Keinan, G., Daon, K., in *Health Psychology*, 2004, Vol. 23, Issue 5. A callout box highlights the following metadata:

- Copyright: American Psychological Association. 2004.
- Digital Object Identifier: <http://dx.doi.org/10.1037/0278-6133.23.5.542> (7)
- PsycINFO AN: 2004-18051-014
- Accession Number: hea-23-5-542
- Number of Citations in Source: 27
- Persistent link to this record (Permalink): <http://search.ebscohost.com/login.aspx?direct=true&db=pdh&AN=hea-23-5-542&site>

Proper Bibliographic Reference Format:

Bibliographic references are single-spaced and indented after the first line:

Sadeh, A., Keinan, G., Daon, K. (2004). Effects of stress on sleep: the moderating role of coping style. *Health Psychology*, 23, 542-5. doi: 10.1037/0278-6133.23.5.542.

Parenthetical Citations in Text:

Citations are placed in the context of discussion and are formatted like so, using the author's last name and the date of publication:

(Sadeh, Keinan, & Daon, 2004)

Alternatively, you can integrate the citation into the sentence by means of narrative, like so:

Sadeh, Keinan, and Daon (2004) study the effects of stress on sleep.

Since this example has three authors, citations after the first will include only the last name of the first author, followed by et al. Like so:

(Sadeh et al., 2004)

OR

Sadeh et al. (2004)